



KIMISIS THEOTOKOU ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ ΕΚΚΛΗΣΙΑ ΤΗΣ ΚΟΙΜΗΣΕΩΣ ΤΗΣ ΘΕΟΤΟΚΟΥ

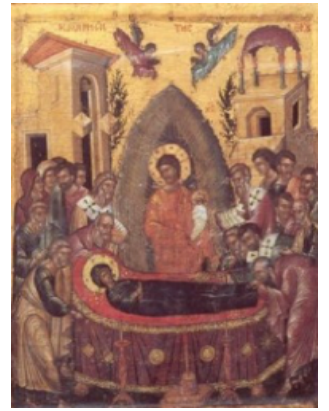
224 18th Street, Brooklyn, NY 11215

Office: (718) 788-0152 Fax: (718) 788-2774

Website: www.kimisisbrooklyn.org

E-Mail: KimisisTheotokou@gmail.com

V. Rev. Archimandrite Damaskinos V. Ganas
Proistamenos



WEEKLY BULLETIN
SUNDAY, MARCH 10, 2024
MEATFARE SUNDAY

ΕΒΔΟΜΑΔΙΑΙΟ ΦΥΛΛΑΔΙΟ
ΚΥΡΙΑΚΗ, 10^η ΜΑΡΤΙΟΥ 2024
ΚΥΡΙΑΚΗ ΤΗΣ ΑΠΟΚΡΕΩ



ΚΥΡΙΑΚΗ «ΤΗΣ ΑΠΟ-ΚΡΕΩ»

Judgment Sunday (Meatfare Sunday)

Όνομάζεται Κυριακή τῆς Ἀπόκρεω γιατί στή διάρκεια τῆς ἐβδομάδας πού ἀκολουθεῖ ἀρχίζει μιὰ περιορισμένη νηστεία –«ἀποχή κρέατος»- ὅπως παραγγέλουν τὰ λειτουργικά βιβλία. Ἡ Ἐκκλησία ἀρχίζει νά μᾶς «προσαρμόζει» στή μεγάλη προσπάθεια πού θά ἀπαιτήσῃ ἀπό ἐμᾶς ἐπτά μέρες ἀργότερα. Σταδιακά μᾶς βάζει στό μεγάλο ἀγώνα, γιατί γνωρίζει τήν εὐπάθειά μας καί προβλέπει τή πνευματική μας ἀδυναμία. Εὐαγγελικό ἀνάγνωσμα τῆς μέρας εἶναι ἡ παραβολή τοῦ Χριστοῦ γιά τήν Τελευταία Κρίση (Ματθ. 25, 31-46).

Ὅταν ὁ Χριστός θά ἔρθῃ νά μᾶς κρίνει ποῖο θά εἶναι τὸ κριτήριό Του; Ἡ παραβολή μᾶς δίνει τήν ἀπάντηση: ἡ ἀγάπη. Ὅχι ἓνα ἀπλό ἀνθρωπιστικό ἐνδιαφέρον, ἀλλά ἡ συγκεκριμένη καί προσωπική ἀγάπη γιά τὸν ἄνθρωπο, γιά κάθε ἀνθρώπινο πρόσωπο μέ τὸ ὅποιο ὁ Θεός μέ φέρνει σέ ἐπαφή στή ζωή μου. Ἡ χριστιανική ἀγάπη εἶναι ἡ «δυνατή ἀδυνατότητα» νά βλέπω τὸ Χριστό στό πρόσωπο κάθε ἀνθρώπου, ὅποισδήποτε κι ἂν εἶναι αὐτός, καί τὸν ὅποιο ὁ Θεός, μέσα στό αἰώνιο καί μυστηριώδες σχέδιό Του, ἔχει ἀποφασίσει νά φέρι στή ζωή μου ἔστω καί γιά λίγες στιγμές. Νά τὸν φέρι κοντά μου ὄχι σάν μιὰ εὐκαιρία γιά «καλή πράξη» ἢ γιά ἐξάσκηση τῆς φιλανθρωπίας μου, ἀλλά σάν ἀρχή μιᾶς ἀδιάκοπης συντροφιάς μέσα στόν ἴδιο τὸ Θεό. Ἡ ἀγάπη ξεπερνάει στόν «ἄλλο» τήν ἐξωτερική του ἐμφάνιση, τήν κοινωνική του θέση, τήν ἐθνική του καταγωγή, τήν διανοητική του ικανότητα καί φθάνει στήν ψυχή του, τὸ ἀληθινὸ κομμάτι τοῦ Θεοῦ μέσα του. Εἶναι ἡ ὑπέροχη ἀνακάλυψη τοῦ «προσώπου» στόν «ἄνθρωπο», ἡ ἀνακάλυψη τοῦ συγκεκριμένου καί μοναδικοῦ προσώπου μέσα στό σύνολο γενικά. Ἡ πραγματική ἀποστολή τῆς Ἐκκλησίας εἶναι νά ὑπενθυμίζει στόν ἄνθρωπο τήν προσωπική του ἀγάπη. Ὅλοι οἱ ἄνθρωποι ἔχουν ἀνάγκη ἀπ' αὐτὴ τὴν προσωπική ἀγάπη, νά τοὺς ἀναγνωρίζεται ἡ μοναδικότητα τῆς ψυχῆς τους στήν ὁποία ἀντανακλάται ὅλη ἡ ὁμορφιά τῆς δημιουργίας μ' ἓνα ξεχωριστὸ τρόπο. Ξέρουμε ὅτι οἱ ἄνθρωποι βρίσκονται στή «φυλακή», εἶναι «πεινῶντες καί διψῶντες» ἀκριβῶς γιατί τοὺς λείπει αὐτὴ ἡ προσωπική ἀγάπη. Τέλος ξέρουμε ὅτι εἴτε ἀγαπήσαμε εἴτε ἀρνηθήκαμε τὴν ἀγάπη, πρόκειται νά κριθοῦμε, γιατί «ἐφ' ὅσον ἐποιήσατε ἐνὶ τούτων τῶν ἀδελφῶν μου τῶν ἐλαχίστων, ἐμοὶ ἐποιήσατε» (Ματθ. 25)

The foregoing two parables -- especially that of the Prodigal Son -- have presented to us God's extreme goodness and love for man. But lest certain persons, putting their confidence in this alone, live carelessly, squandering upon sin the time given them to work out their salvation, and death suddenly snatch them away, the most divine Fathers have appointed this day's feast commemorating Christ's impartial Second Coming, through which we bring to mind that God is not only the Friend of man, but also the most righteous Judge, Who recompenses to each according to his deeds. It is the aim of the holy Fathers, through bringing to mind that fearful day, to rouse us from the slumber of carelessness unto the work of virtue, and to move us to love and compassion for our brethren. Besides this, even as on the coming Sunday of Cheese-fare we commemorate Adam's exile from the Paradise of delight -- which exile is the beginning of life as we know it now -- it is clear that today's is reckoned the last of all feasts, because on the last day of judgment, truly, everything of this world will come to an end.

Ἀπολυτίκιον Ἀναστάσιμον.

Ἦχος βαρύς.

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον·
ἠνέωξας τῷ ληστῇ τὸν Παράδεισον· τῶν
Μυροφόρων τὸν θρῆνον μετέβαλες, καὶ τοῖς σοῖς
Ἀποστόλοις κηρύττειν ἐπέταξας, ὅτι ἀνέστης
Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Ἀπολυτίκιον ΚΟΙΜΗΣΙΣ ΤΗΣ ΥΠΕΡΑΓΙΑΣ ΘΕΟΤΟΚΟΥ First Tone

Ἐν τῇ Γεννήσει τὴν παρθενίαν ἐφύλαξας, ἐν τῇ
Κοιμήσει τὸν κόσμον οὐ κατέλιπες Θεοτόκε, Μετέστης
πρὸς τὴν ζωὴν, μήτηρ υπάρχουσα τῆς ζωῆς, καὶ ταῖς
πρεσβείαις ταῖς σαῖς λυτρομένη, ἐκ θανάτου τὰς
ψυχὰς ἡμῶν.

Κοντάκιον. Ἦχος α'.

Ὅταν ἔλθῃς ὁ Θεός, ἐπὶ γῆς μετὰ δόξης, καὶ
τρέμωσι τὰ σύμπαντα, ποταμὸς δὲ τοῦ πυρὸς
πρὸ τοῦ Βήματος ἔλκη, καὶ βίβλοι ἀνοίγωνται,
καὶ τὰ κρυπτὰ δημοσιεύωνται, τότε ῥῦσαί με, ἐκ
τοῦ πυρὸς τοῦ ἀσβέστου, καὶ ἀξιώσον, ἐκ δεξιῶν
σου μὲ στήναι, Κριτὰ δικαιοσύνη.

Resurrectional Apolytikion.

Grave Mode.

You destroyed death by Your Cross, You opened
Paradise to the Robber. You turned the Myrrh-
bearing Women's lament into joy, and You
commanded Your Apostles to preach that You
rose, O Christ God, granting the world the great
mercy.

Apolytikion Dormition of the Theotokos. First Tone

In birth, you preserved your virginity; in death, you did
not abandon the world, O Theotokos. As mother of life,
you departed to the source of life, delivering our souls
from death by your intercessions.

Kontakion. Mode 1.

When You come down to the earth, O God, in
Your glory, all things will cower tremulous, and a
river of fire will draw before Your Judgment Seat;
the books shall be opened up, and public
knowledge will things hidden be. Rescue me,
then, I pray, from unquenchable fire, and count
me worthy to stand at Your right hand, O You, the
most righteous Judge.

ΜΝΥΜΟΣΥΝΑ

Ἄννα Μαλλάς 40 ἡμερῶν
Ἰωάννης Τουρλούκης Ἐτήσιο
Ευάγγελος Δαμαλάς 4 ἐτῆς

MEMORIALS

Anna Mallas 40 Days
John Tourloukis 1 Year
Angelo Damalas 4 Years

Are you a Steward of Kimisis Theotokou? Stewardship is the most profound way to show your support to our church. Please show your love and appreciation to the place where God dwells and our spiritual needs are met, by making your 2024 pledge today!

Αγαπᾶς τὴν Ἐκκλησίᾳ σου; Ἡ Ἐκούσια Εἰσφορά εἶναι ὁ πιο οὐσιώδης τρόπος νὰ ἀποδείξουμε τὴν ἀγάπη μας καὶ τὴν ἐκτίμησή μας στὸν οἶκο τοῦ Θεοῦ, ἐκεῖ που ἀναπληρώνονται οἱ πνευματικὲς μας ἀνάγκες. Στείλε τὴν υποσχετικὴ σου κάρτα γιὰ τὸ 2024 σήμερᾶ!

Προκείμενον. Ἦχος δ'.

ΨΑΛΜΟΙ 146.5;134.3

Μέγας ὁ Κύριος ἡμῶν, καὶ μεγάλη ἡ ἰσχὺς αὐτοῦ.

Στίχ. Αἰνεῖτε τὸν Κύριον, ὅτι ἀγαθός.

Πρὸς Κορινθίους α' 8:8-13, 9:1-2 τὸ ἀνάγνωσμα

Ἀδελφοί, βρῶμα ἡμᾶς οὐ παρίστησιν τῷ θεῷ· οὔτε γὰρ ἐὰν φάγωμεν περισσεύομεν, οὔτε ἐὰν μὴ φάγωμεν ὑστερούμεθα. Βλέπετε δὲ μήπως ἡ ἐξουσία ὑμῶν αὕτη πρόσκομμα γένηται τοῖς ἀσθενοῦσιν. Ἐὰν γὰρ τις ἴδῃ σε τὸν ἔχοντα γνῶσιν ἐν εἰδωλείῳ κατακείμενον, οὐχὶ ἡ συνειδήσις αὐτοῦ ἀσθενοῦς ὄντος οἰκοδομηθήσεται εἰς τὸ τὰ εἰδωλόθута ἐσθίειν; Καὶ ἀπολείται ὁ ἀσθενῶν ἀδελφός ἐπὶ τῇ σῆ γνώσει, δι' ὃν Χριστὸς ἀπέθανεν; Οὕτως δὲ ἁμαρτάνοντες εἰς τοὺς ἀδελφούς, καὶ τύπτοντες αὐτῶν τὴν συνειδήσιν ἀσθενοῦσαν, εἰς Χριστὸν ἁμαρτάνετε. Διόπερ εἰ βρῶμα σκανδαλίζει τὸν ἀδελφόν μου, οὐ μὴ φάγω κρέα εἰς τὸν αἰῶνα, ἵνα μὴ τὸν ἀδελφόν μου σκανδαλίσω. Οὐκ εἰμὶ ἀπόστολος; Οὐκ εἰμὶ ἐλεύθερος; Οὐχὶ Ἰησοῦν Χριστὸν τὸν κύριον ἡμῶν ἐώρακα; Οὐ τὸ ἔργον μου ὑμεῖς ἐστε ἐν κυρίῳ; Εἰ ἄλλοις οὐκ εἰμὶ ἀπόστολος, ἀλλὰ γε ὑμῖν εἰμὶ· ἡ γὰρ σφραγὶς τῆς ἐμῆς ἀποστολῆς ὑμεῖς ἐστε ἐν κυρίῳ.

Prokeimenon. Mode 4.

Psalm 146.5;134.3

Great is our Lord, and great is his power.

Verse: Praise the Lord, for the Lord is good.

The reading is from St. Paul's First Letter to the Corinthians 8:8-13; 9:1-2

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

Ἐκ τοῦ Κατὰ Ματθαῖον 25:31-46 Εὐαγγελίου τὸ Ἀνάγνωσμα

Εἶπεν ὁ Κύριος· Ὅταν δὲ ἔλθῃ ὁ υἱὸς τοῦ ἀνθρώπου ἐν τῇ δόξῃ αὐτοῦ καὶ πάντες οἱ ἅγιοι ἄγγελοι μετ' αὐτοῦ, τότε καθίσει ἐπὶ θρόνου δόξης αὐτοῦ, καὶ συναχθήσεται ἔμπροσθεν αὐτοῦ πάντα τὰ ἔθνη, καὶ ἀφοριεῖ αὐτοὺς ἀπ' ἀλλήλων ὡσπερ ὁ ποιμὴν ἀφορίζει τὰ πρόβατα ἀπὸ τῶν ἐρίφων, καὶ στήσει τὰ μὲν πρόβατα ἐκ δεξιῶν αὐτοῦ, τὰ δὲ ἐρίφια ἐξ εὐωνύμων. τότε ἐρεῖ ὁ βασιλεὺς τοῖς ἐκ δεξιῶν αὐτοῦ· δεῦτε οἱ εὐλογημένοι τοῦ πατρὸς μου, κληρονομήσατε τὴν ἡτοιμασμένην ὑμῖν βασιλείαν ἀπὸ καταβολῆς κόσμου. ἐπέειπασα γάρ, καὶ ἐδώκατέ μοι φαγεῖν, ἐδίψησα, καὶ ἐποτίσατέ με, ξένος ἦμην, καὶ συνηγάγετέ με, γυμνός, καὶ περιεβάλετέ με, ἠσθένησα, καὶ ἐπεσκέψασθέ με, ἐν φυλακῇ ἦμην, καὶ ἤλθετε πρὸς με. τότε ἀποκριθήσονται αὐτῷ οἱ δίκαιοι λέγοντες· κύριε, πότε σε εἶδομεν πεινῶντα καὶ ἐθρέψαμεν, ἢ διψῶντα καὶ ἐποτίσαμεν; πότε δέ σε εἶδομεν ξένον καὶ συνηγάγομεν, ἢ γυμνὸν καὶ περιεβάλομεν; πότε δέ σε εἶδομεν ἀσθενῆ ἢ ἐν φυλακῇ, καὶ ἤλθομεν πρὸς σε; καὶ ἀποκριθεὶς ὁ βασιλεὺς ἐρεῖ αὐτοῖς· ἀμὴν λέγω ὑμῖν, ἐφ' ὅσον ἐποιήσατε ἐν τούτων τῶν ἀδελφῶν μου τῶν ἐλαχίστων, ἐμοὶ ἐποιήσατε. τότε ἐρεῖ καὶ τοῖς ἐξ εὐωνύμων· πορευέσθε ἀπ' ἐμοῦ οἱ κατηραμένοι εἰς τὸ πῦρ τὸ αἰώνιον τὸ ἡτοιμασμένον τῷ διαβόλῳ καὶ τοῖς ἀγγέλοις αὐτοῦ. ἐπέειπασα γάρ, καὶ οὐκ ἐδώκατέ μοι φαγεῖν, ἐδίψησα, καὶ οὐκ ἐποτίσατέ με, ξένος ἦμην, καὶ οὐ συνηγάγετέ με, γυμνός, καὶ οὐ περιεβάλετέ με, ἀσθενῆς καὶ ἐν φυλακῇ, καὶ οὐκ ἐπεσκέψασθέ με. τότε ἀποκριθήσονται αὐτῷ καὶ αὐτοὶ λέγοντες· κύριε, πότε σε εἶδομεν πεινῶντα ἢ διψῶντα ἢ ξένον ἢ γυμνὸν ἢ ἀσθενῆ ἢ ἐν φυλακῇ, καὶ οὐ διηκονήσαμεν σοι; τότε ἀποκριθήσεται αὐτοῖς λέγων· ἀμὴν λέγω ὑμῖν, ἐφ' ὅσον οὐκ ἐποιήσατε ἐν τούτων τῶν ἐλαχίστων, οὐδὲ ἐμοὶ ἐποιήσατε. καὶ ἀπελεύσονται οὗτοι εἰς κόλασιν αἰώνιον, οἱ δὲ δίκαιοι εἰς ζωὴν αἰώνιον.

The Gospel According to Matthew 25:31-46

The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

ΜΝΥΜΟΣΥΝΑ

ΚΥΡΙΑΚΗ, 17^η ΜΑΡΤΙΟΥ

Γεώργιος Μονίαρος 3 μήνες
Σταυρούλα Αγγελόπουλου 1 Ετήσιο
Δημήτριος Αγγελόπουλος 24 ετές

MEMORIALS

SUNDAY, MARCH 17th

George Moniaros 3 Months
Stavroura Angelopoulos 1 Year
James Angelopoulos 24 Years

ΗΜΕΡΟΜΗΝΙΕΣ ΠΟΥ ΠΡΕΠΕΙ ΝΑ ΕΝΘΥΜΟΥΜΕΘΑ DAYS TO REMEMBER

ΣΑΒΒΑΤΟ, 16^η ΜΑΡΤΙΟΥ - ΔΕΥΤΕΡΟ ΨΥΧΟΣΑΒΒΑΤΟ

Orthros – Θεία Λειτουργία.....8:30 – 10:30 Π.Μ.

SATURDAY, MARCH 16th – SECOND SATURDAY OF THE SOULS

Orthros – Divine Liturgy.....8:30 – 10:30 A.M.

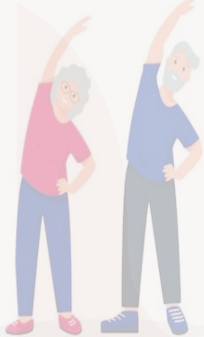
THE LADIES PHILOPTOCHOS
SOCIETY OF
KIMISIS THEOTOKOU BROOKLYN



INVITES YOU TO OUR SECOND MONTHLY

Chair Movement & Stretching

for our Senior Citizen Community



Stretching, movement, light
exercise, and breathing practices

CLASS INSTRUCTOR: STAMATI CHASABENIS

TUESDAY MARCH 12TH, 5:30PM - 6:30 PM

(REFRESHMENTS WILL BE OFFERED AFTER THE CLASS)

IN KIMISIS THEOTOKOU CHURCH HALL
224 18TH STREET, BROOKLYN, NY 11215

CHIAKI ADELPHOTIS
AGHIA MARKELLA
3 ON 3

BASKETBALL TOURNAMENT

March 30th, 2024

Kimisis Theotokou
224 18th Street
Brooklyn, NY 11215
10:00a.m.

Registration Fee
\$160/Team
Up to 4 players per team
18+ | 1st Place Prize

Profits will be donated to "Gefira",
a daytime rehabilitation center for adults with
disabilities in Chios, to help purchase the necessary
equipment for proper patient care

For more information contact:
Mario: (347)-223-1892
Irene: (917)-836-2043